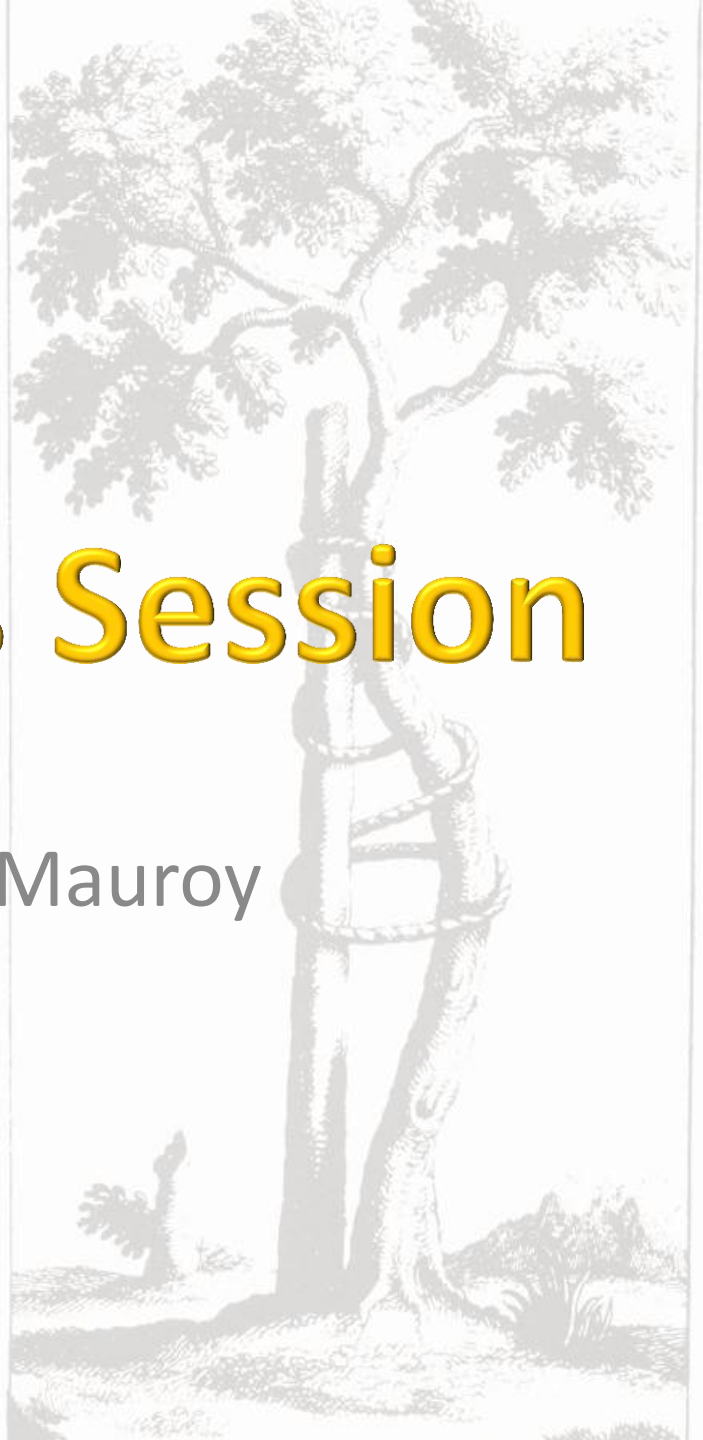
Consensus Session

Chair: JC de Mauroy



282 *Moyens de prévenir & corriger*

appliquer le plus promptement qu'il se pourra, une petite plaque de fer sur le côté creux de la jambe: puis on mettra une bande de linge sur la plaque, & sur l'endroit bossu de la jambe. On serrera tous les jours un peu plus cette bande, jusqu'à ce qu'elle comprime suffisamment l'endroit qui fait bosse; & afin que cette compression ne blesse pas, on posera sur la portion du bandage qui sera sur l'endroit bossu de la jambe, un bon [illegible] il faudra y prendre [illegible] ce cas, pour redresser la jambe, comme on s'y prend pour redresser la tige courbe d'un jeune arbre *.

Au reste, si la bosse qui fait la courbure de la jambe, étoit placée de maniere qu'il fallût poser la plaque de fer sur le gras de la jambe, il faudroit alors faire fabriquer une plaque qui fût un peu creuse à l'endroit qui répondroit à ce gras, parce que, sans cette précaution, le gras de la jambe étant trop comprimé, prendroit une mauvaise tour-

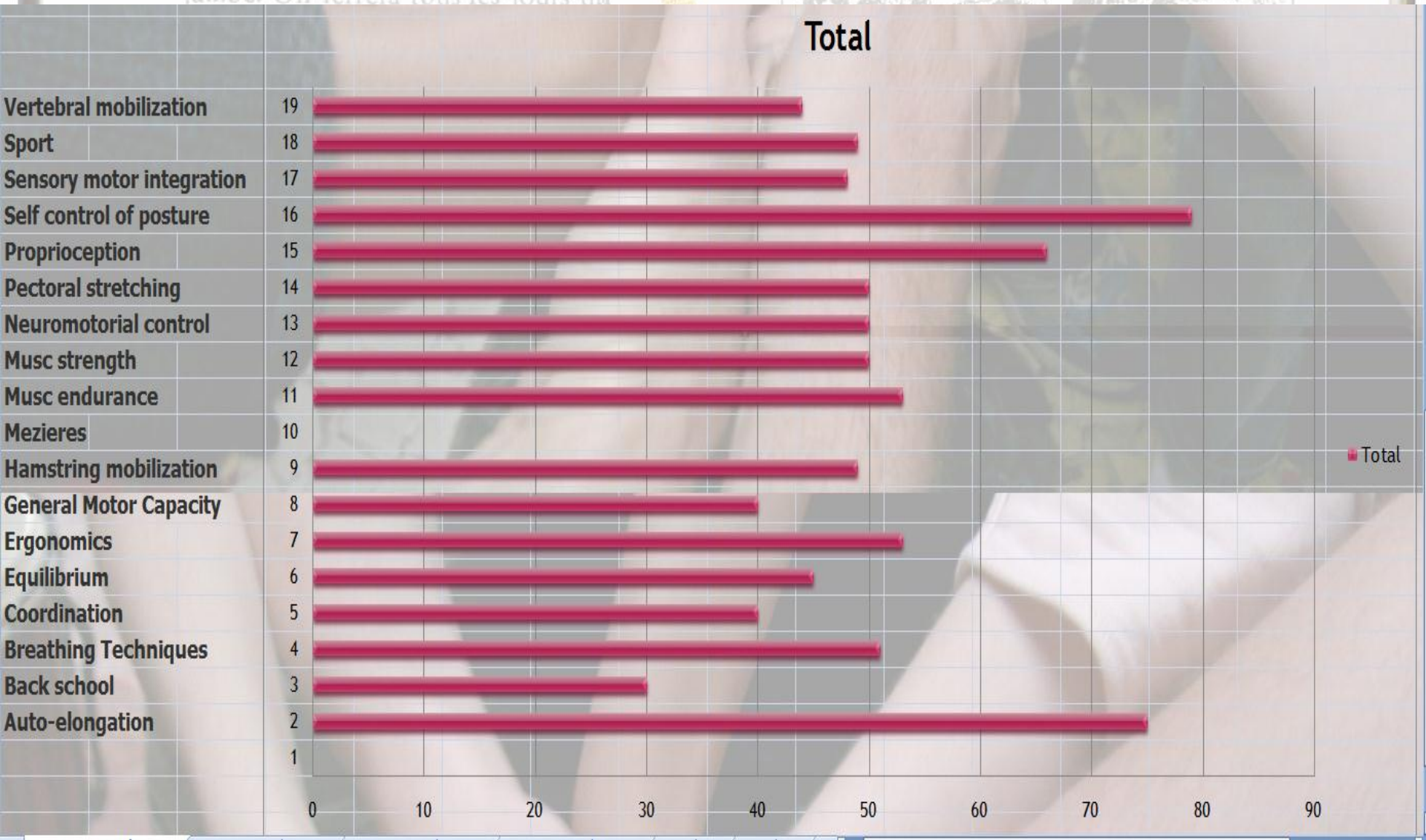
Voyez la Planche cy jointe.

Q1 - Bracing and Physiotherapy can be useful for Juvenile Kyphosis and modify natural history.

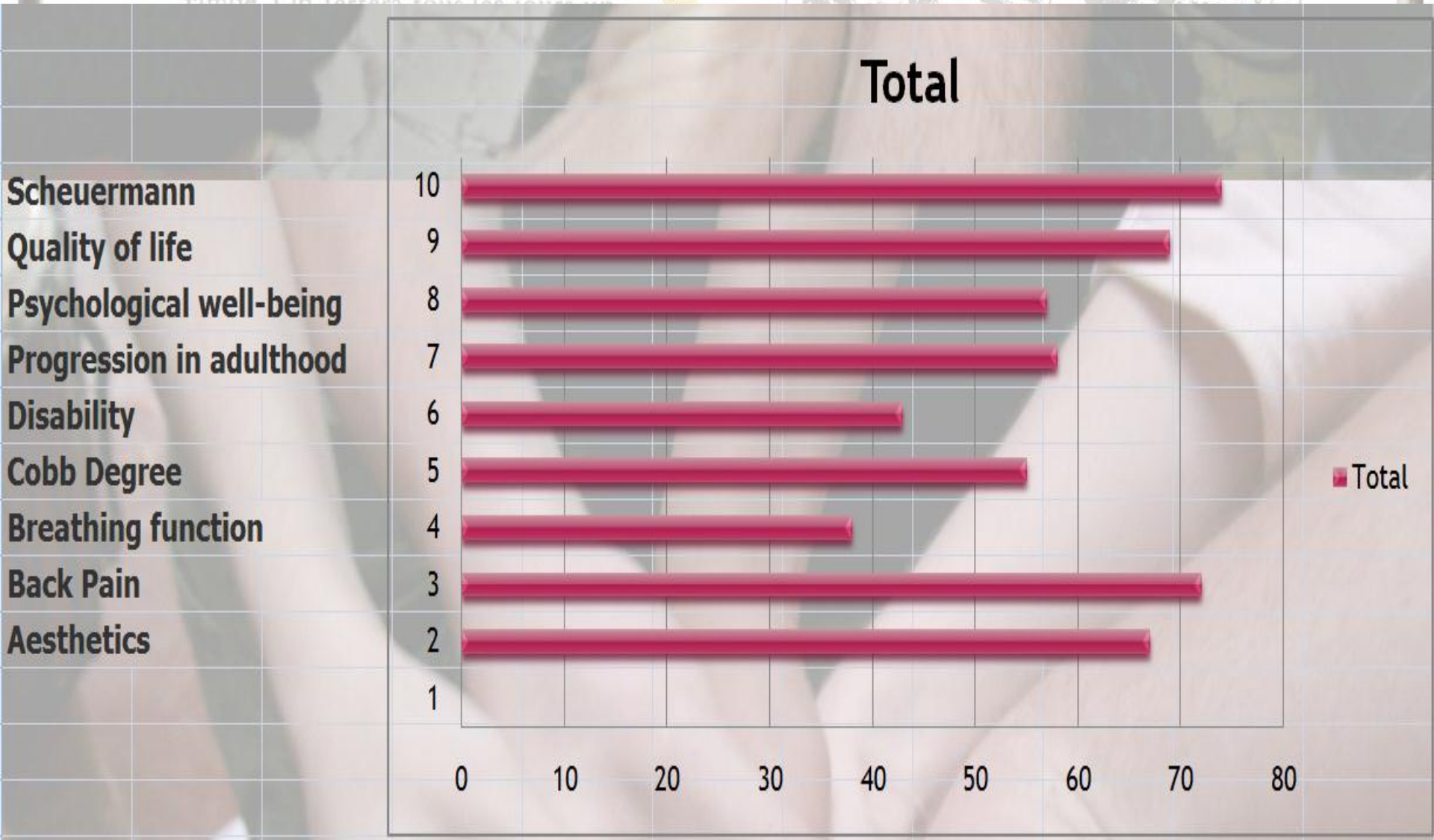
Q2 - Do you treat Kyphosis conservatively at your Centre?

100 % - Yes

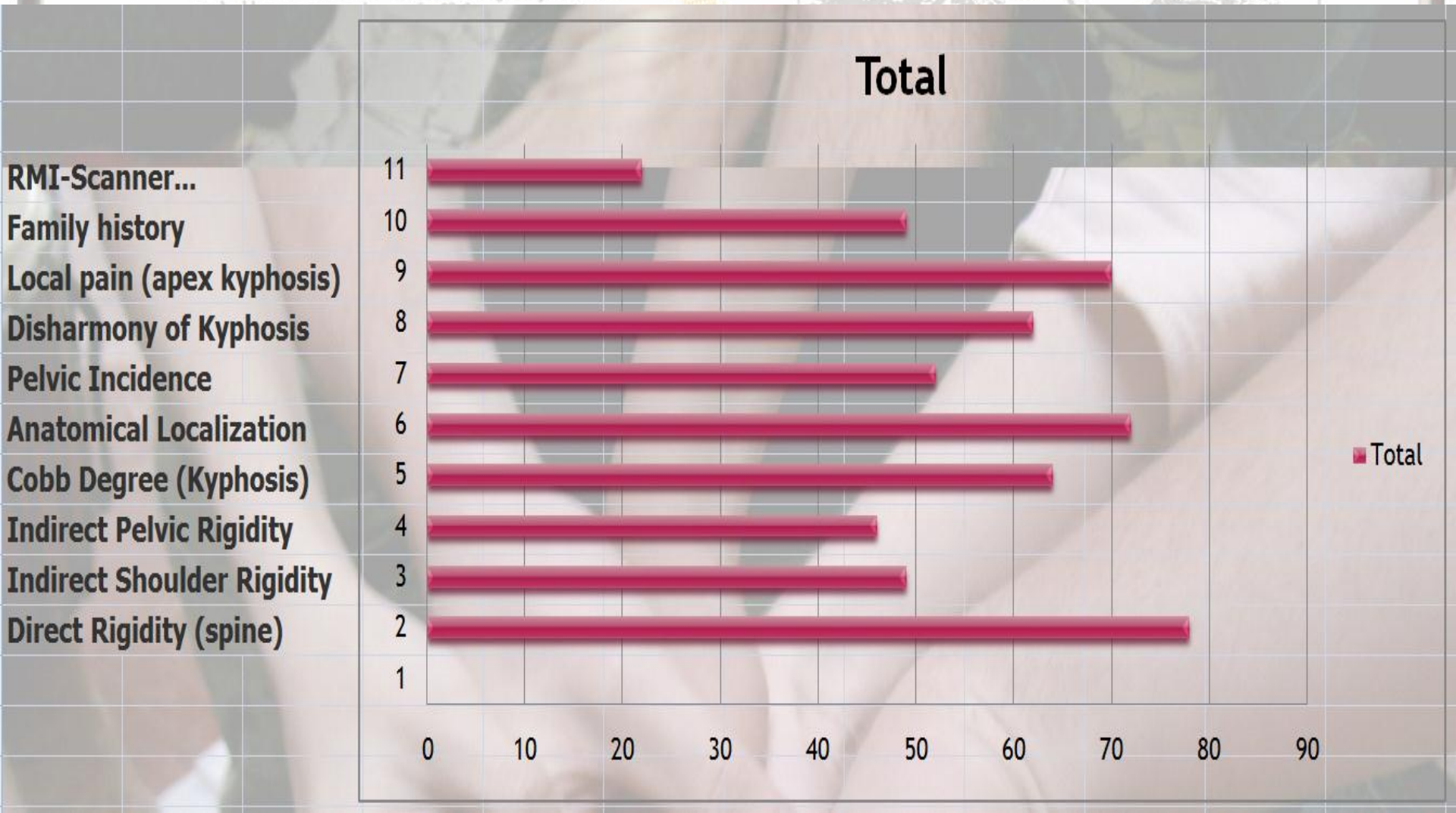
Q3 & 4 -Therapeutic aims of physical exercice treatment in patients at risk of brace?



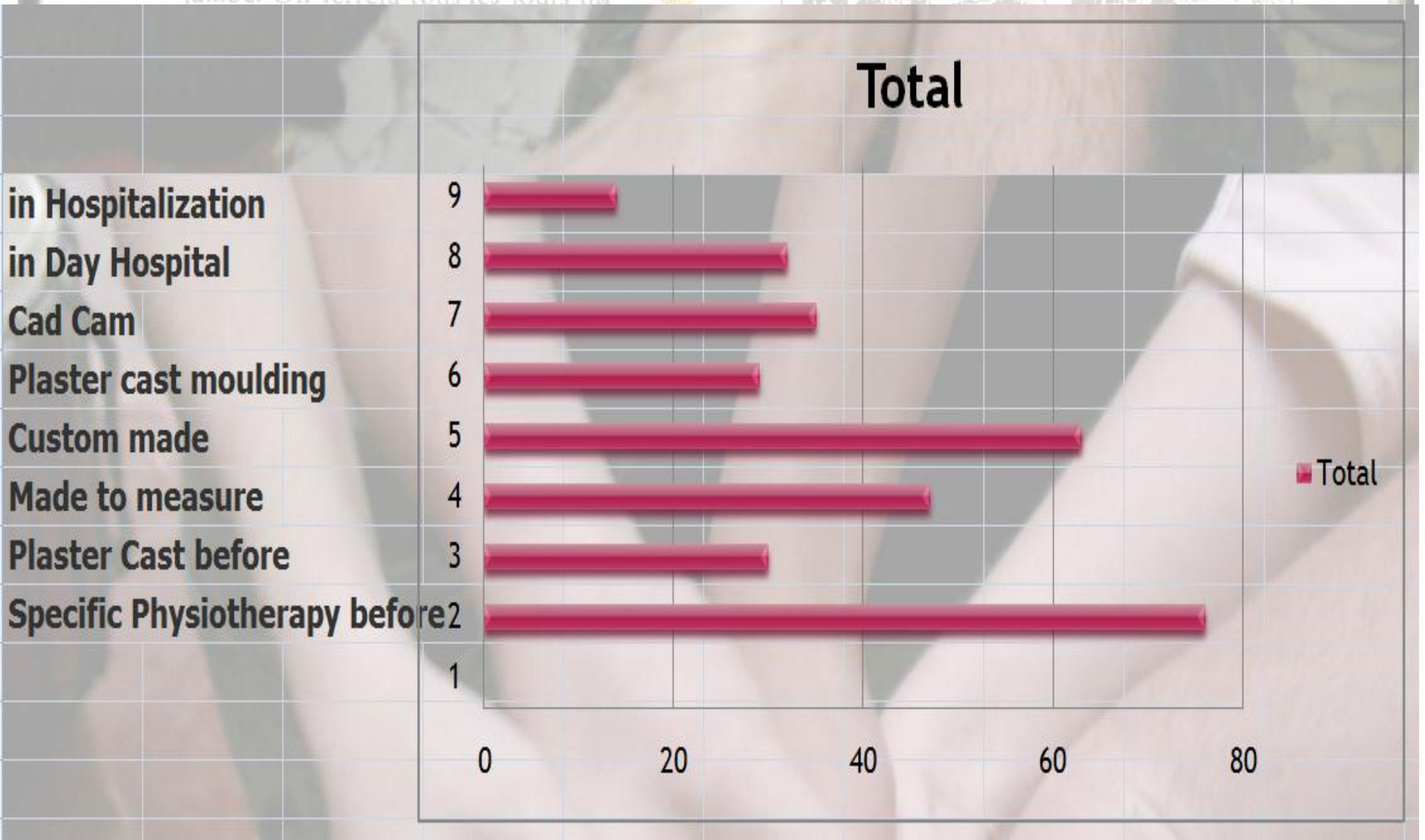
Q5 & 6 - Why do you treat Kyphosis?



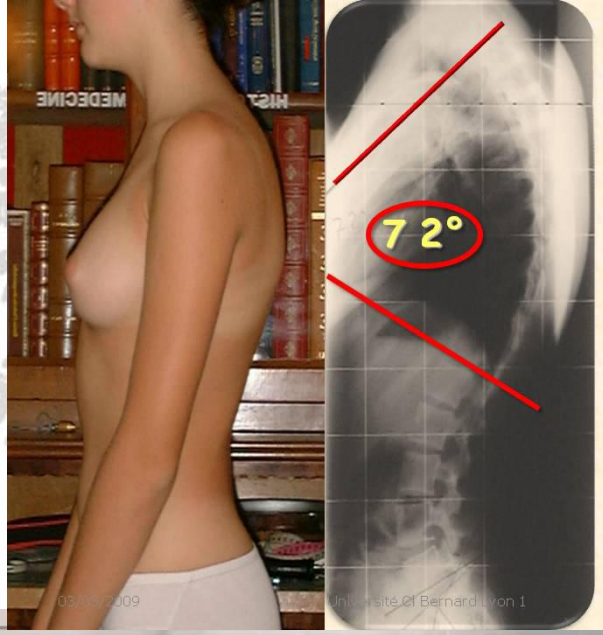
Q7 & 8 - Which information do you need before treatment?



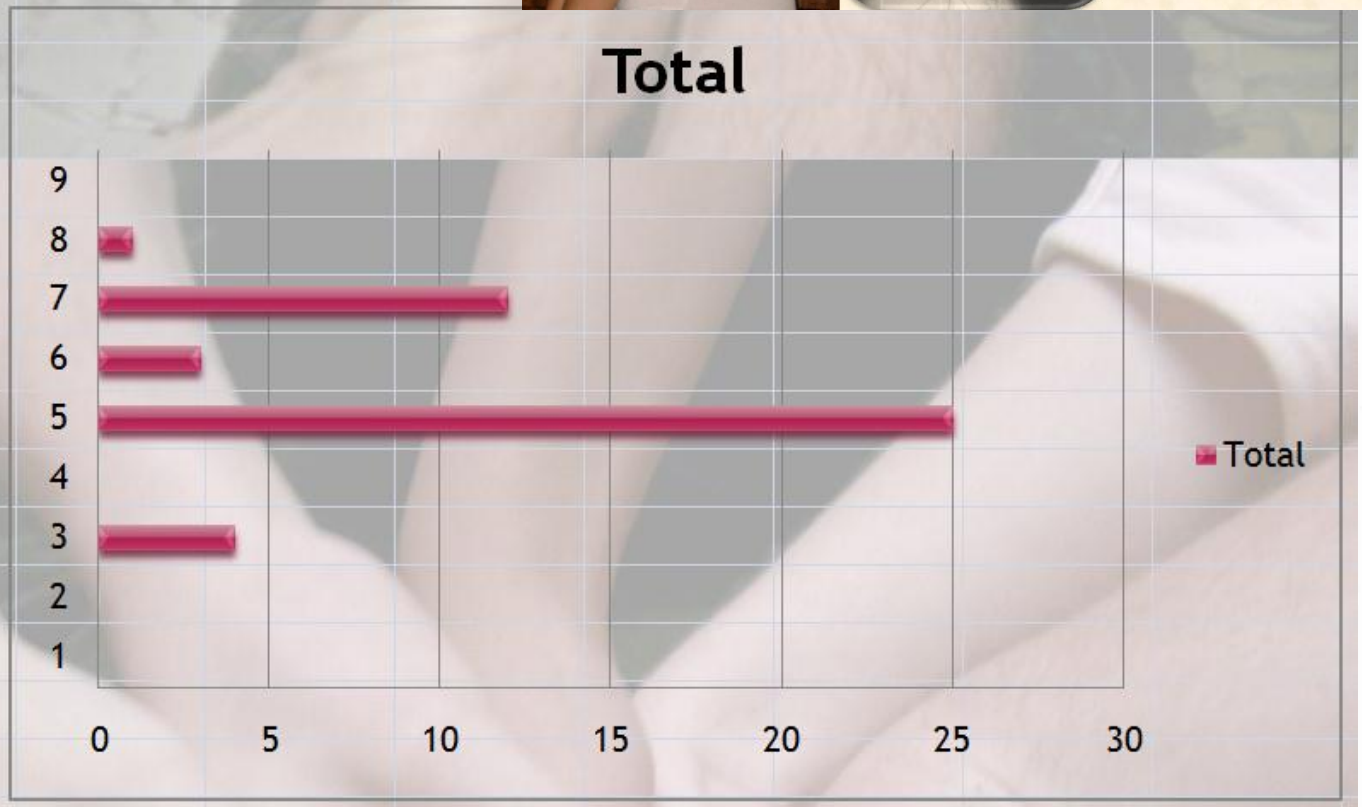
Q9 & 10 - Finally bracing: What is your Management?



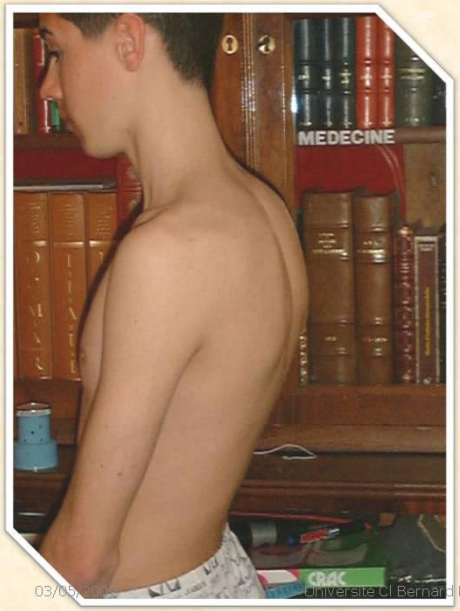
Q11 Case 1: 13 years, no pain, harmonious Kypho-lordosis



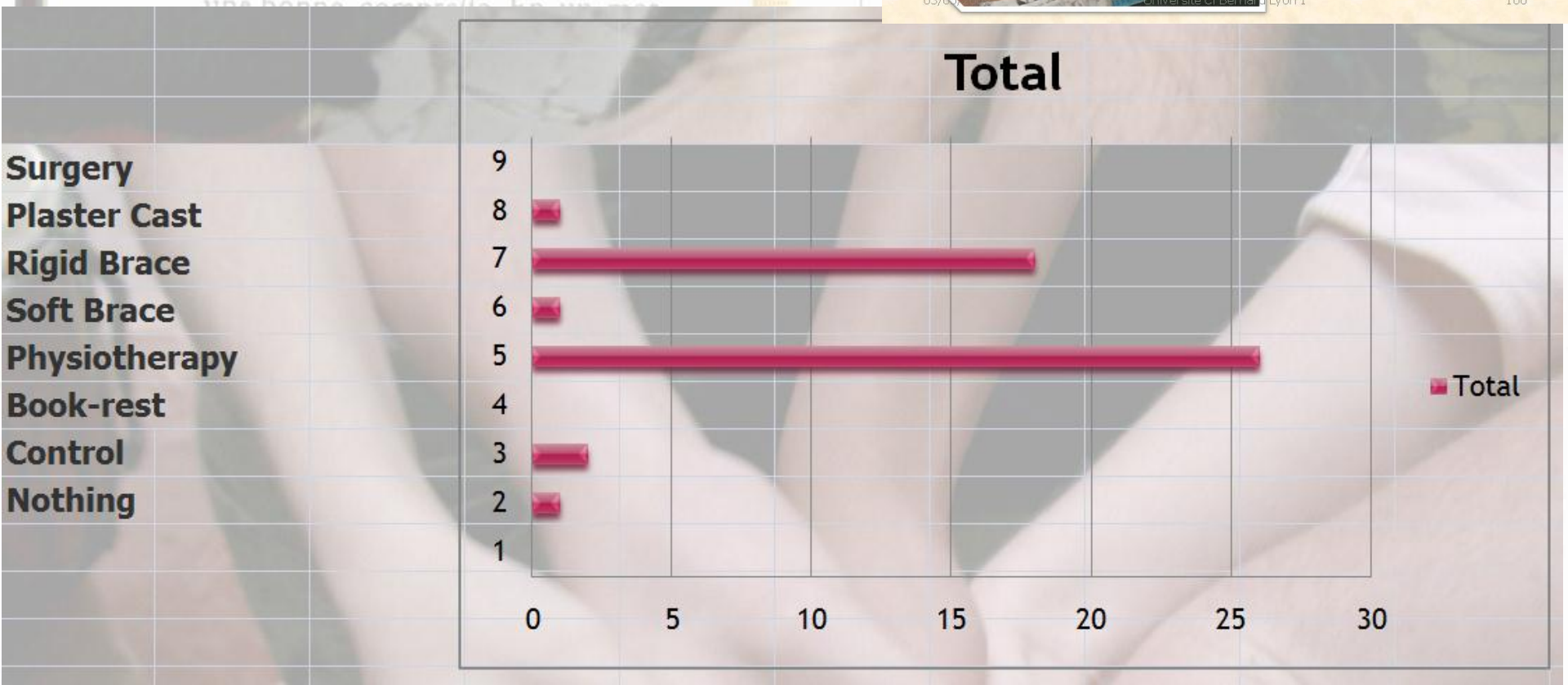
Idiopathic kyphosis



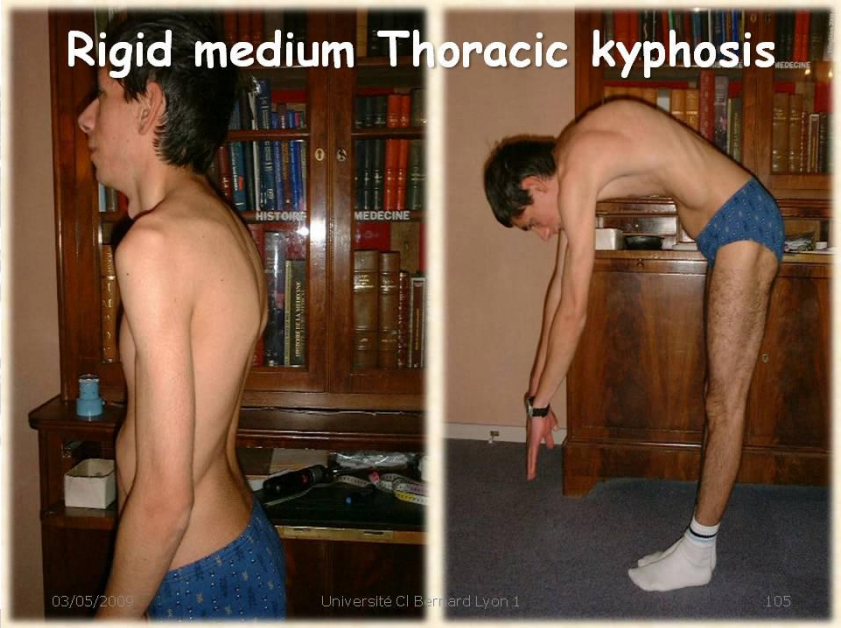
Q12 Case 2: 15 years, postural pain, no Scheuermann, low pelvic incidence

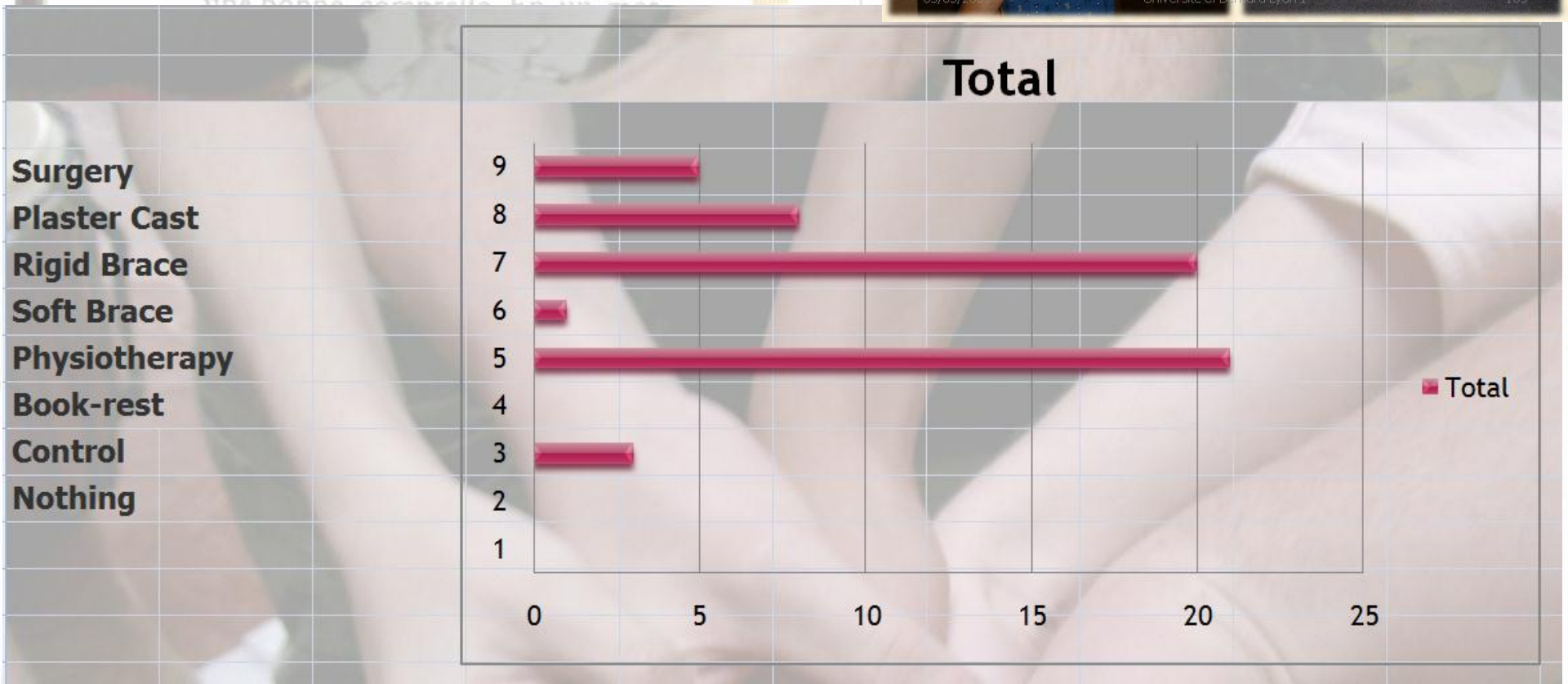


Dysharmonious kyphosis with projection of the trunk backward

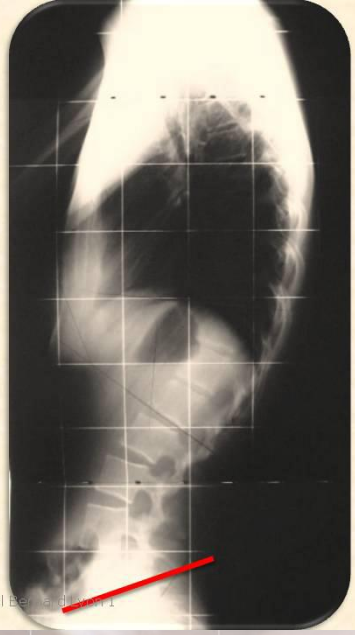


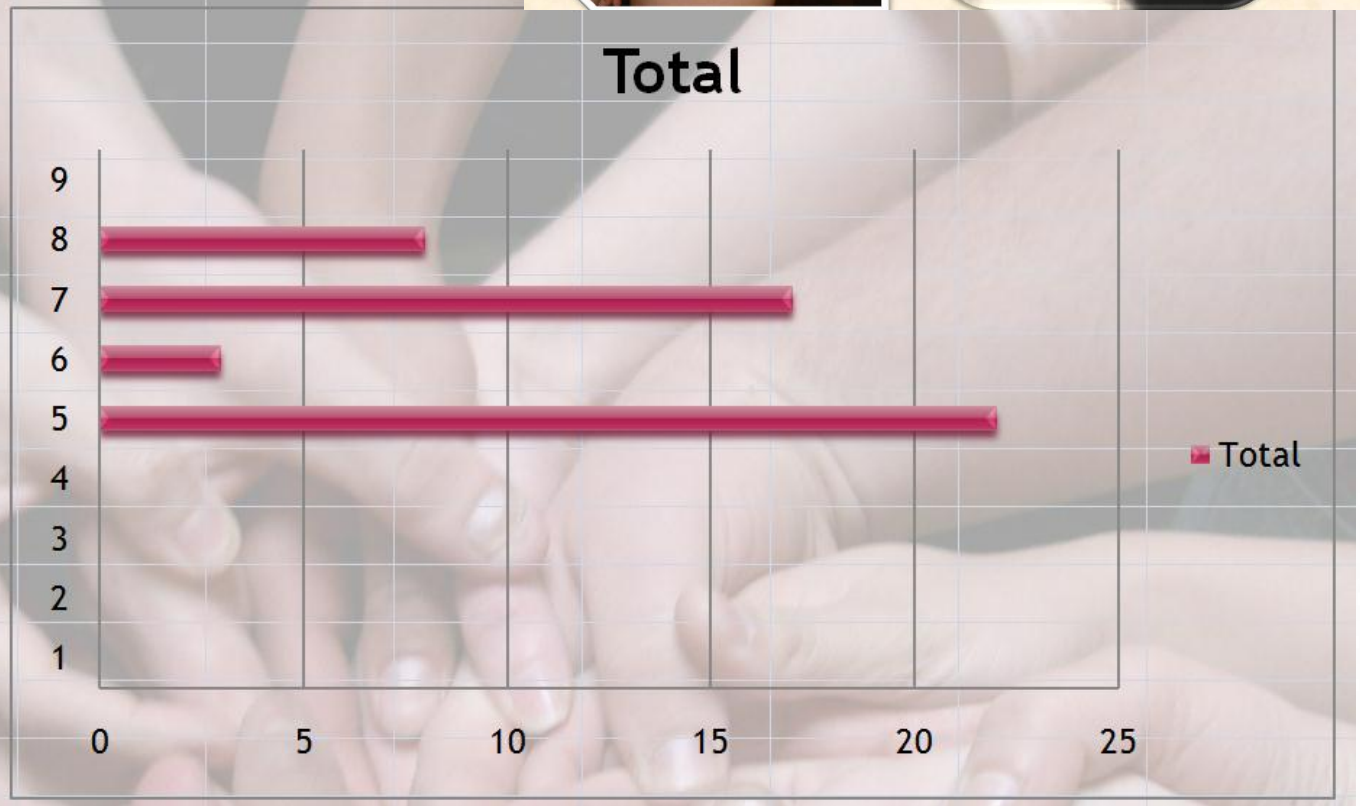
Q13 Case 3: 16 years, pain, Scheuermann





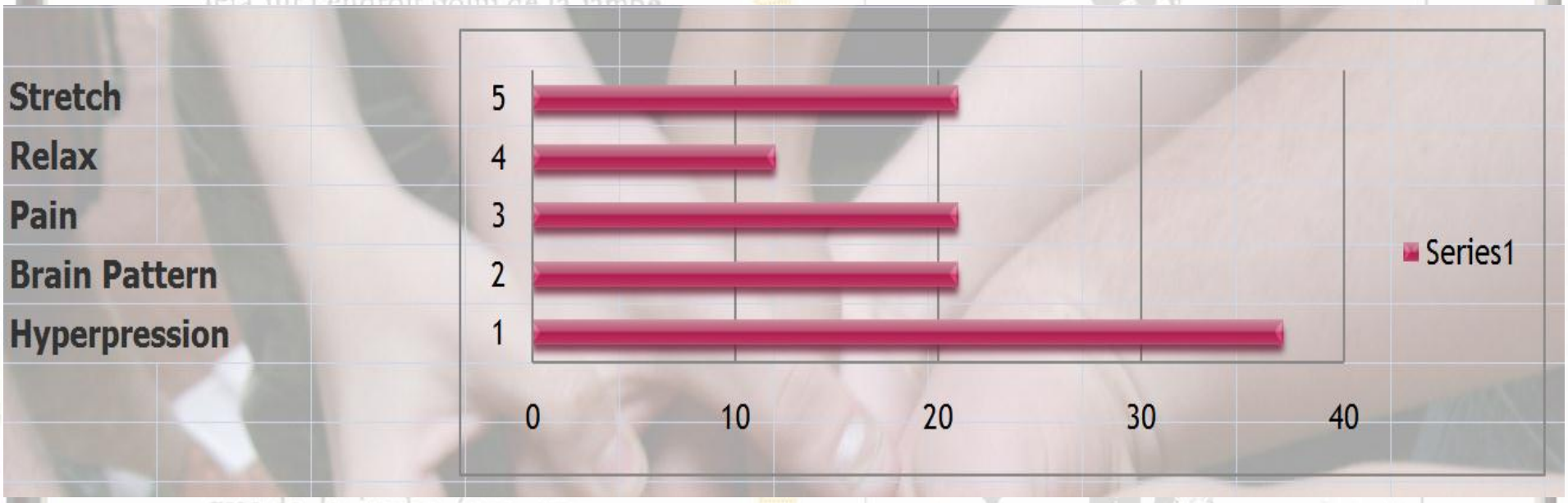
Q14 Case 4: 15 years, thoraco-lumbar kyphosis,pain, low pelvic incidence



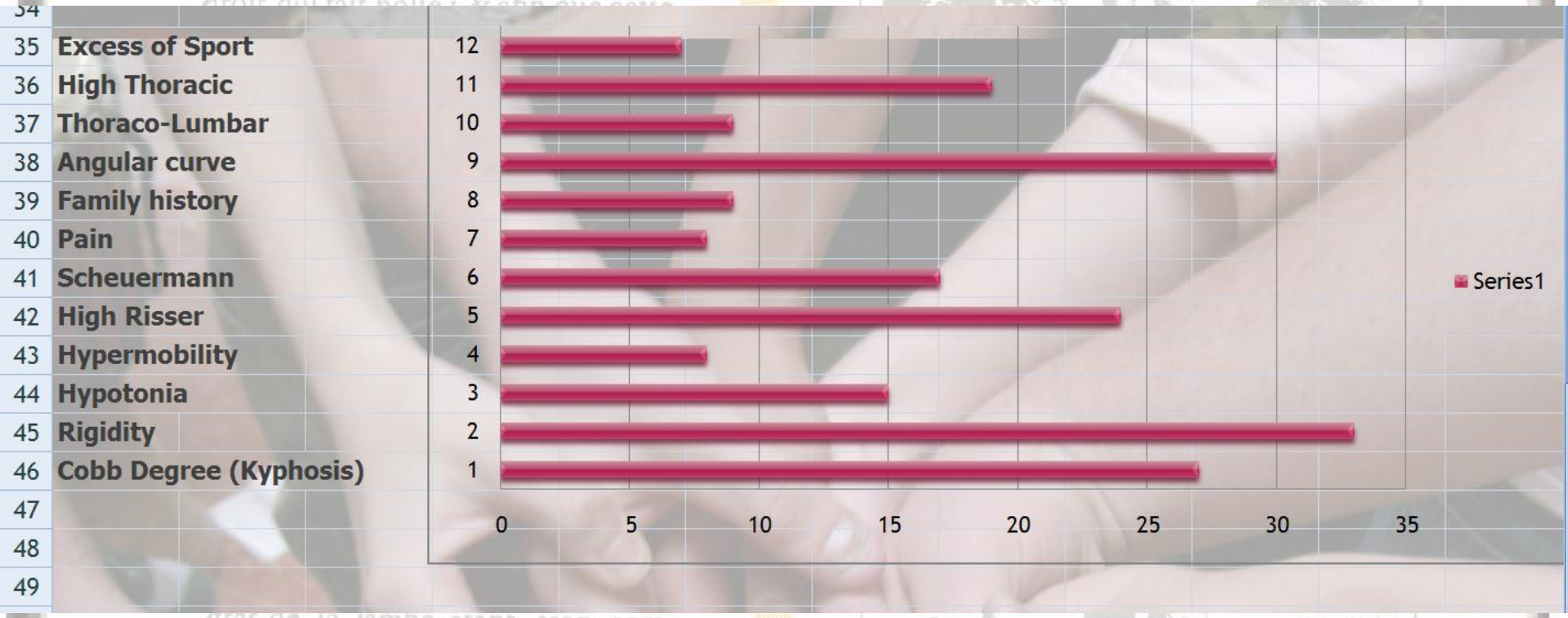


Q15 Do you usually give some “Home Work” to pratice daily?
If Yes, how long every day?

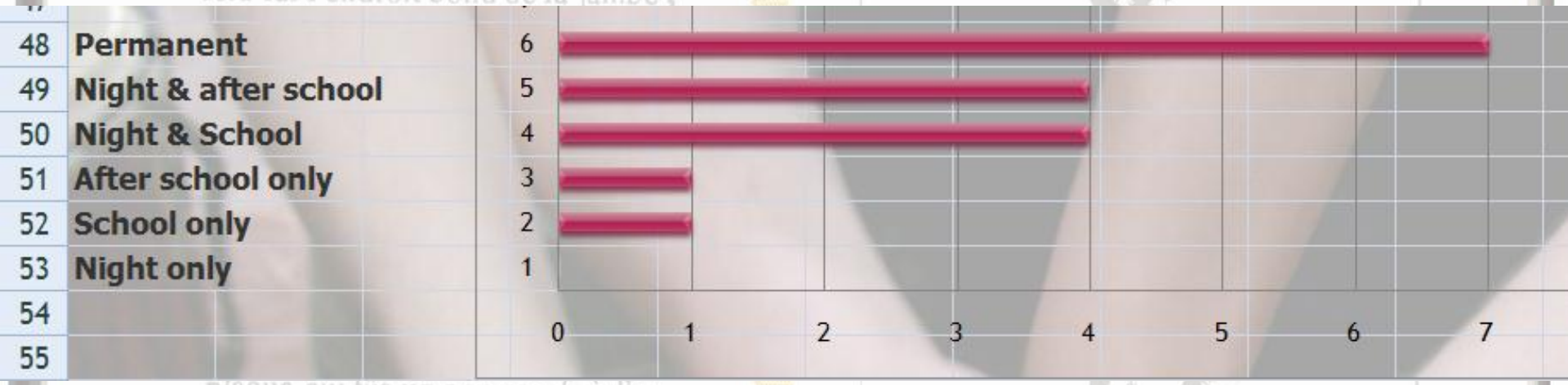
Q16 - What are the physiological reasons for the patient to wear the brace?



Q17 - According to your experience and results - what are the main criteria that give the treatment unsuccessful (physiotherapy or brace)?



Q18 - what is your most frequent protocol of wearing the brace for adolescent thoracic kyphosis?



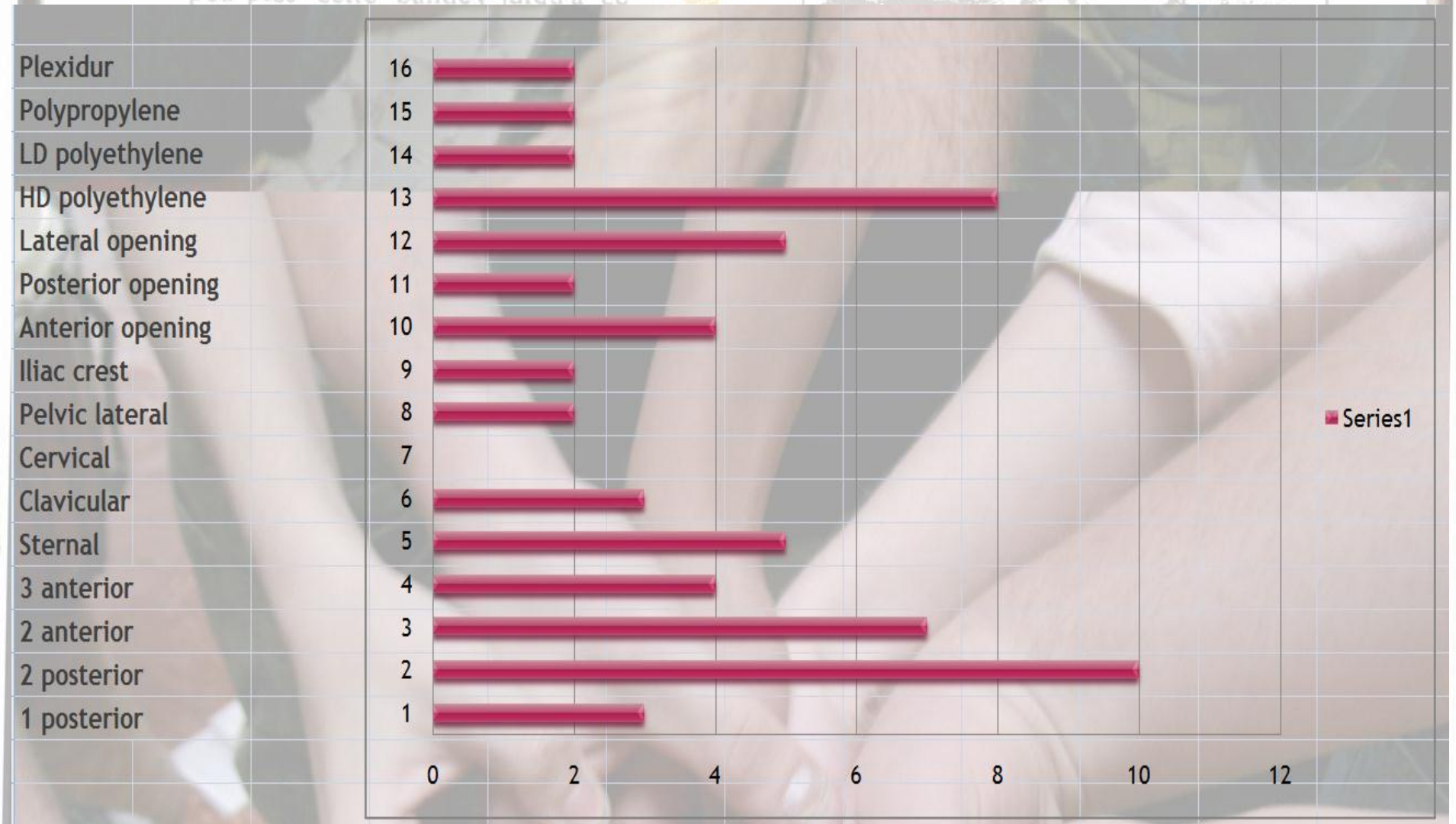
Q19 - what is your most frequent protocol of wearing the brace for adolescent thoracolumbar kyphosis?

41	Permanent	13
42	Night & after school	12
43	Night & School	11
44	After school only	10
45	School only	9
46	Night only	8
47		7

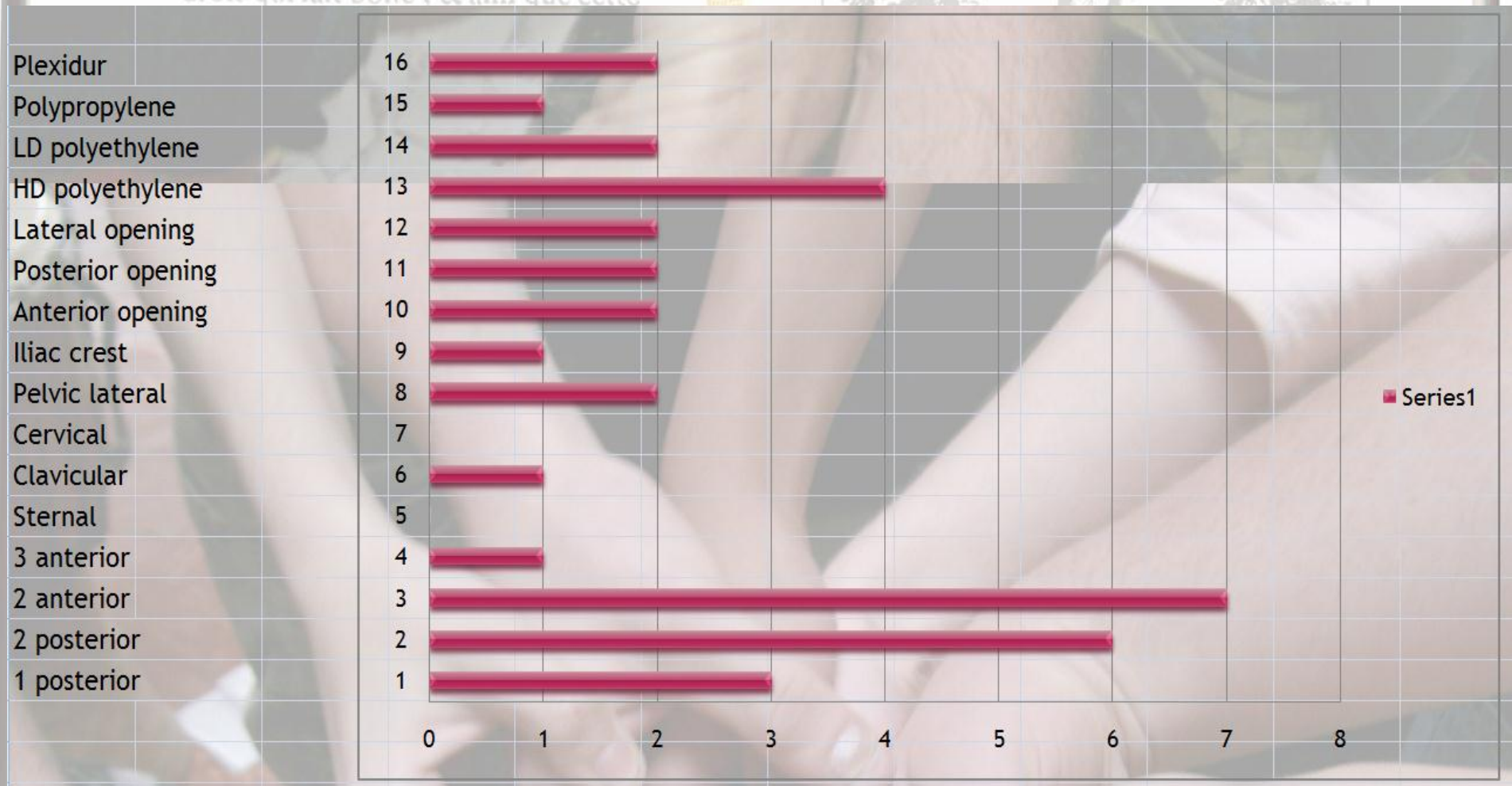
Q20 - what is your most frequent protocol of wearing the brace for pre puberal kyphosis?

34	Permanent	20
35	Night & after school	19
36	Night & School	18
37	After school only	17
38	School only	16
39	Night only	15
40		14

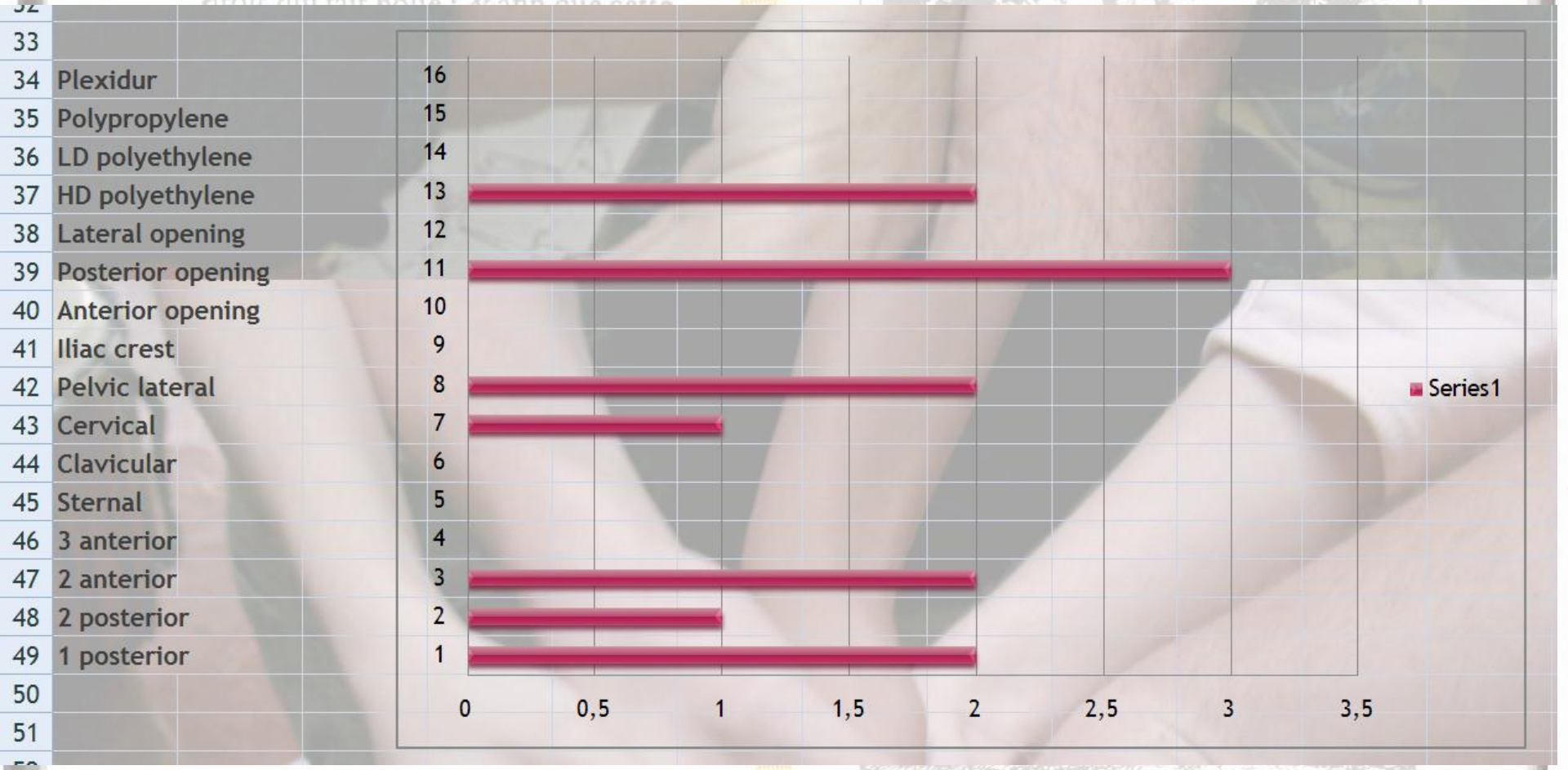
Q21 - Choose your ideal Brace for adolescent thoracic kyphosis?



Q22 - Choose your ideal Brace for adolescent thoraco-lumbar kyphosis?

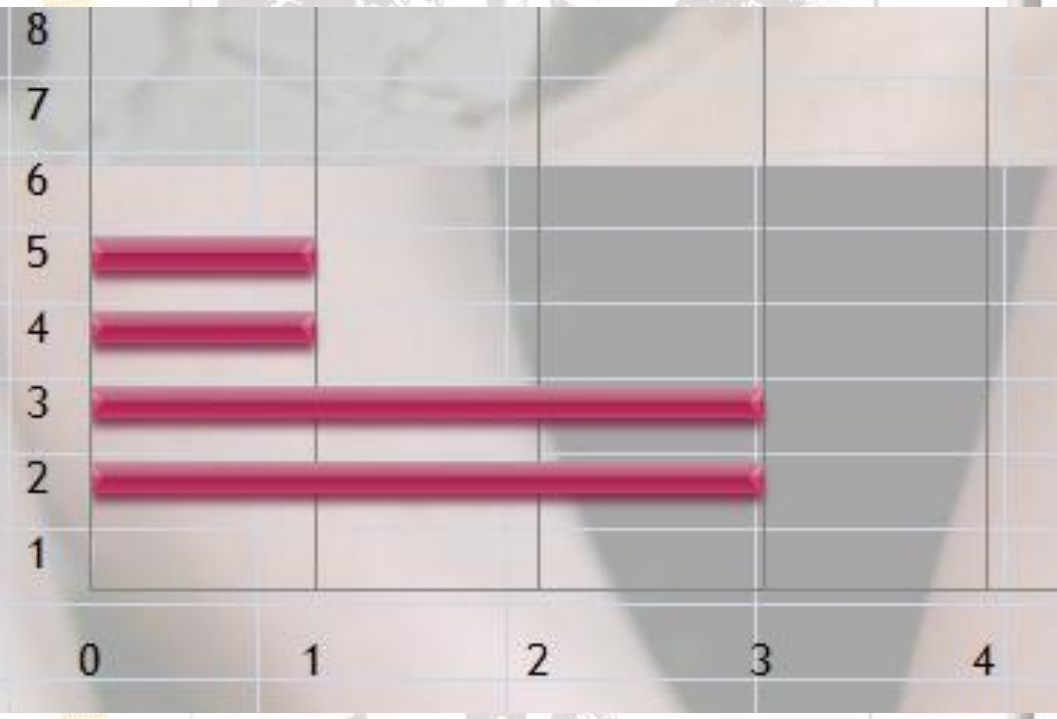


Q23 - Choose your ideal Brace for juvenile kyphosis?

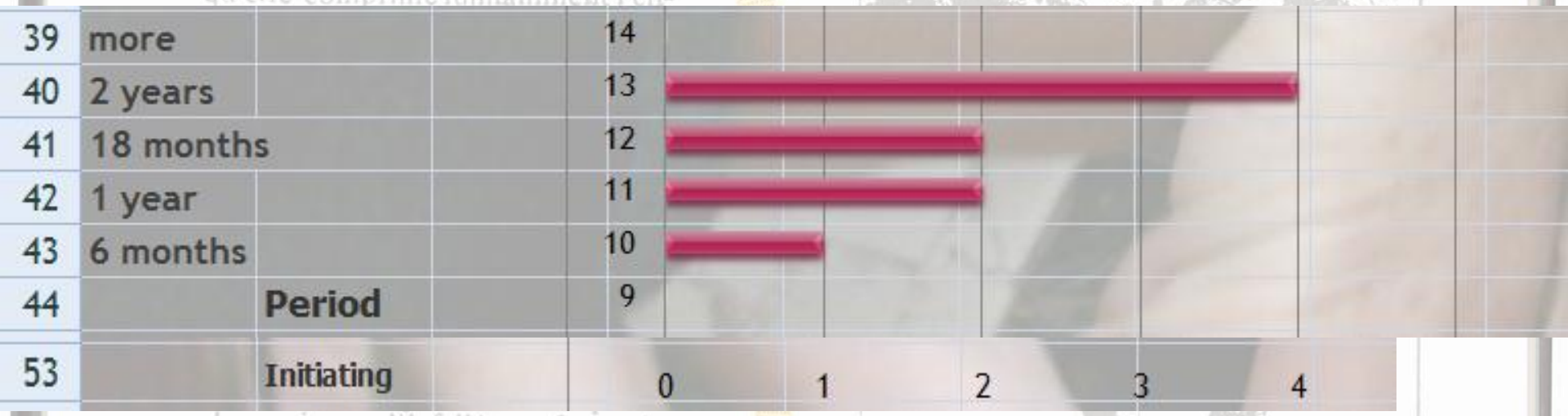


Q24 What is the best time for initiating with a rigid kyphosis brace?

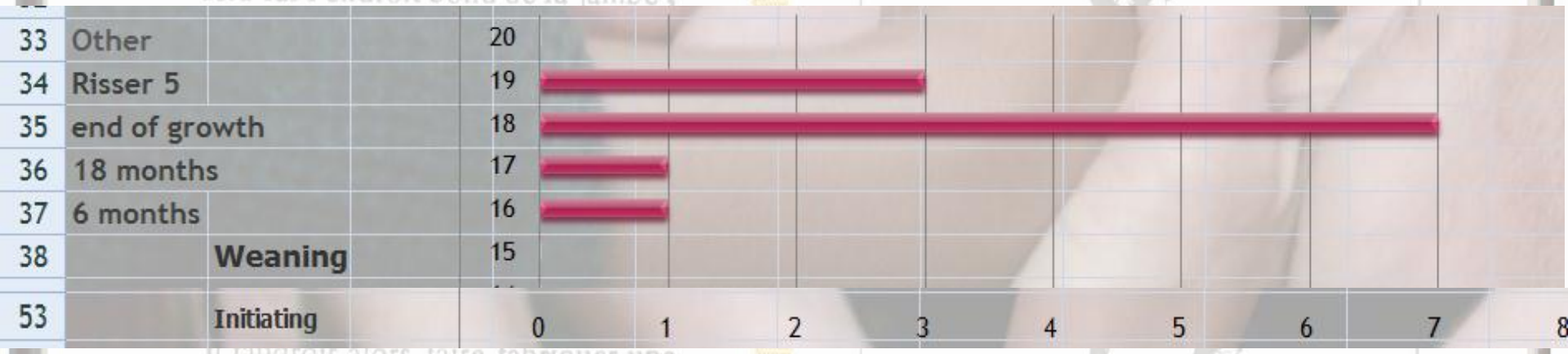
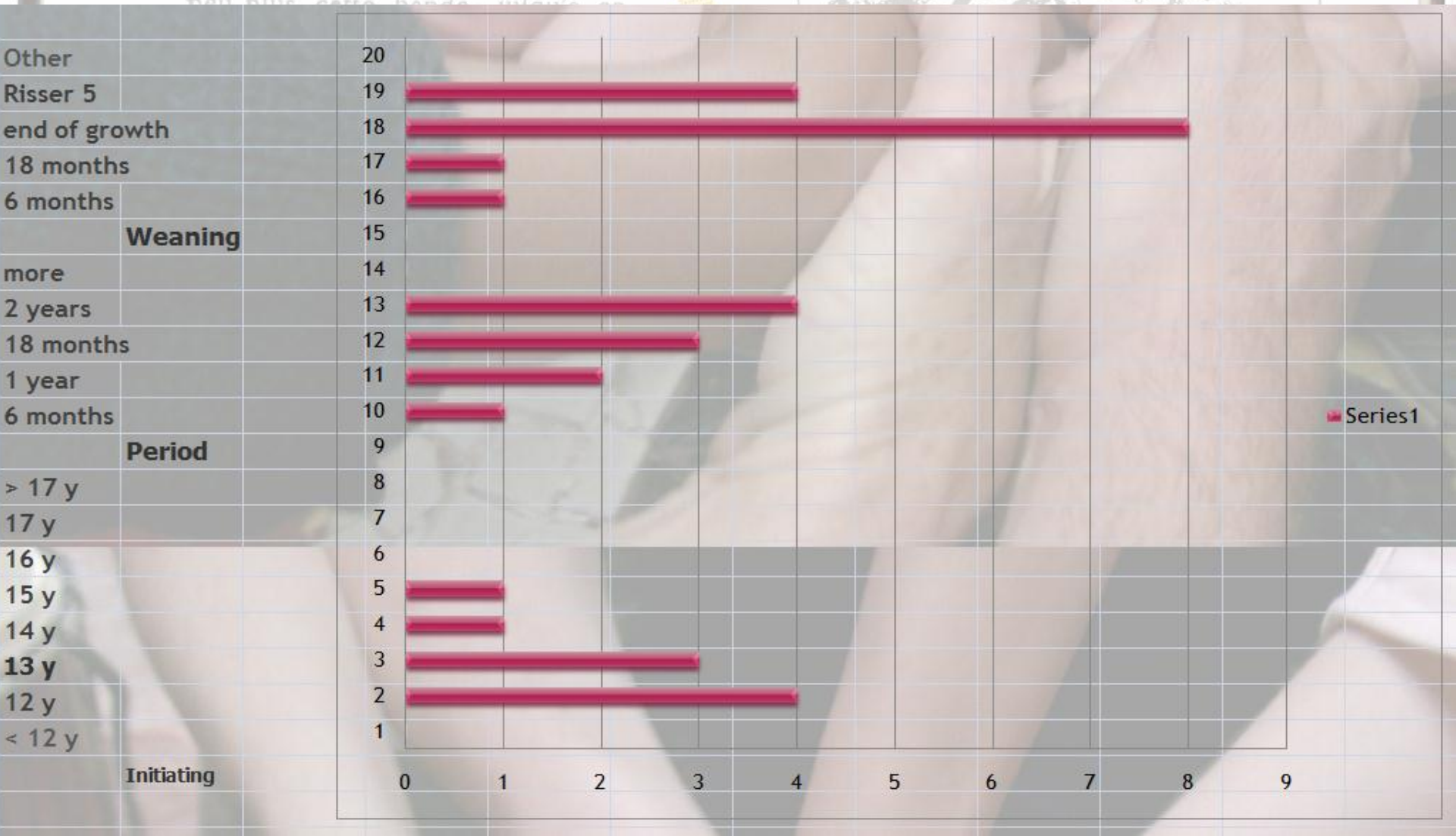
45	> 17 y	
46	17 y	
47	16 y	
48	15 y	
49	14 y	
50	**13 y**	
51	12 y	
52	< 12 y	
53		**Initiating**



Q25 What is your minimum period to maintain the brace?



Q26 What is the best moment for brace weaning?



Q24 - What is the best time for initiating with a rigid kyphosis brace?
Q25 - What is your minimum period to maintain the brace?
Q26 - What is the best moment for brace weaning?